

# PORT ARTHUR TALKS

## **Cooking the colonial way**

### **presented by Sally Wise**

For about fifteen years, Sally Wise has been fascinated by the food provided to the convicts, and meals of the colonial period in general; from the style of cookery and the cooking equipment to the culture that it related to. In this presentation, Sally will discuss the methods of cooking and the availability of ingredients during the colonial era in Tasmania including references to meals and rations eaten by the officials and convicts at the Port Arthur penal settlement.

Sally Wise is passionate about seasonal produce and cooking with natural, readily-available ingredients. A bestselling author of 15 cookbooks and owner/operator of the Sally Wise Cooking School, she is a regular guest on ABC radio in Tasmania and has been a presenter at functions such as the Melbourne Food and Wine Festival as well as various community events. A teacher/trainer at secondary school, Adult Education, Vocational Education and Training level, she has also recently conducted a cooking course to prison inmates.

**ALL WELCOME!**

**Wednesday 23 August, 2017 at 5.30 p.m.**

**Junior Medical Officer's Conference Room  
(the building behind the house)  
Port Arthur Historic Site**

**For more information call 6251 2324**

